



# ALL STAFF COVID-19 TESTING

To qualify for the state provided testing, your symptoms must have **begun within the last seven (7) days.**

If your symptoms began **more** than seven (7) days ago and you are enrolled in an LSR7 medical plan, you may [click here](#) or call 877-423-1330 to schedule a personal health appointment at the Complete Health & Wellness Center for testing, otherwise, you may contact your Primary Care Physician.

The State of Missouri has provided the LSR7 School District with COVID-19 testing kits that can be used on symptomatic staff. These kits are the Abbot BinaxNow Covid-19 Antigen tests. With the state provided tests, the Complete Health & Wellness Center will now be able to offer rapid COVID-19 testing to **all** District employees, regardless of District medical plan enrollment!

To qualify for testing you must be symptomatic which is defined as:

*Any new cough, difficulty breathing, loss of taste/smell, fever ( $\geq 100.4^{\circ}F$ ), congestion/runny nose, nausea/vomiting/diarrhea, sore throat, headache, general fatigue*

## Testing Options:

### 1. For ALL employees (even those not enrolled in a district medical plan):

- Appointments are required
- Testing will be available as follows:
  - o Location:
    - Complete Health & Wellness Center
    - 600 NW Murray Rd, Lee's Summit, MO 64081 (in the circle drive on the NW side of the building)
  - o Days/Hours:
    - Monday - Thursday: 8am - 10am and 2pm - 3pm
    - Friday: 8am - 10am
- To schedule your appointment for testing, please call 816-400-9382\*. You will be provided directions on where to go and what to do upon arrival.

*\*This phone number is **only** available for scheduling a COVID-19 testing appointment. For questions regarding District COVID-19 testing, contact your LSR7 building RN.*

### 2. For employees enrolled in a district medical plan ONLY:

- If you would prefer to schedule an appointment with a Complete Health & Wellness Center provider (instead of the testing only schedule) for initial testing and any follow up evaluation and/or additional testing recommendations, please call 877-423-1330, or do so online or in the mobile app.

## Important Notes Regarding Testing:

- COVID-19 testing is provided at no cost to you at the Complete Health & Wellness Center.

- The test is performed via anterior nasal swab which means that the swab does not have to be located as deeply in the nose as the traditional PCR testing many have experienced.
- If a positive test result occurs, you will be provided instructions regarding isolation/quarantine requirements.
- If a negative test result is received, it is highly recommended that you schedule a visit with your healthcare provider to determine what additional testing is needed. A negative result does NOT rule out the COVID-19 infection.
- If you have a positive PCR test and are exposed in the next 90 days, you will not have to quarantine. However, a positive Rapid Antigen test does not exclude you from having to quarantine if exposed in the next 90 days.
- District required next steps will be provided to all patients indicating return to work requirements.
- Test kits are available in a limited number. Depending on volume, updates to this process will be provided.

**Questions?** For questions regarding District COVID-19 testing, contact your LSR7 building RN.

